

CHEVAL BLANC
spa

CHEVAL BLANC RANDHELI

Noonu Atoll - Republic of Maldives

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CHEVAL BLANC SPA

Cheval Blanc Randheli invites guests on a sensorial journey to an island exclusively dedicated to well-being and relaxation.

The journey begins upon sailing to the idyllic spa island onboard a local dhoni. Depending on the mood and the needs, the stopover can be relaxing or energising. The only common point is a bespoke approach adapted to the wishes of each guest.

Designed to cater to every wish, Guerlain has conceived a wealth of treatments and massages exclusively for Cheval Blanc Randheli. As an introduction or a sweet finale to a day in the sun, the Randheli Sun Ritual prepares the skin for tanning and prolongs its natural glow. The Noonu Atoll's tropical paradise offers underwater diving excursions showcasing the rich fauna and flora surrounding its shores. Expressly conceived for divers, the After-Diving Experience is a soothing treatment that restores muscles after a day underwater.

THE WELL-BEING EXPERIENCE

The signature facial, body and hair care treatments may be tailored to a single day or scheduled to last throughout a stay, for a more profound restorative care.

As a prelude or interlude to treatments, you may also enjoy a private yoga or meditation session in the dedicated pavilions for a momentous pause of relaxation.



CHEVAL BLANC SPA

Guerlain

Featuring Guerlain's universe, the Cheval Blanc Spa proposes a range of treatments and massages especially conceived for the Maldives. Each experience is treated as a singular made-to-measure cure, carried out with refined attentions, precision, rigor and expertise. Indulge in these fine rituals alone or with a loved one in one of the six villas overlooking the pristine waters of Randheli's lagoon. To round out your trip to this island dedicated to well-being, pamper yourself with a complete hand and foot treatment or enjoy the expertise of our Make-up Studio whilst gentlemen may rediscover the pleasure of a close shave at the traditional Barber Atelier.

Leonor Greyl

Renowned French coiffeur Leonor Greyl offers expert hair care with products containing specially selected plant-based active ingredients known for their unique virtues. These natural products are coupled with innovative massage treatments and are adapted to suit every type of scalp and mane. Enjoy a resolutely effective hair care treatment designed to nourish your tresses from the roots to the ends.

Well-being

Our inviting yoga and meditation pavilions host private sessions for ultimate relaxation and a traditional Oriental hammam bath distills its soothing benefits.

Swimming Pool & Spa Bar

The ocean view and idyllic beauty surrounding the swimming pool and Spa Bar offer a natural décor perfect to idle away. The Spa Bar menu unwinds light specialties and refreshing fruit juices to restore your healthy vitality.



CHEVAL BLANC SPA

Yield to the magic of a unique Guerlain treatment where cutting-edge innovation and exclusive experiences meet customisation and emotion. Your transformation begins here...

A Customised Experience

Every treatment is transformed into a unique and personal occasion, a moment created especially for you – this is the essence of the Guerlain experience, the perfect union of effective savoir-faire and aesthetic expertise. Our Guerlain Beauty Experts begin each treatment with an in-depth analysis and precise skin diagnosis to reveal your specific beauty and well-being profile, thus gaining an intrinsic understanding of your essential concerns to tailor a treatment according to your needs and expectations.

The Orchidée Villas

Prestige treatment villas, the two Orchidée Villas are the perfect place to enjoy a Guerlain treatment with someone special. Each ritual reveals multiple layers of an unparalleled sensorial journey. An exclusive Hand and Foot Treatment brings a delightful feeling of well-being. The treatment introduces cold and hot touches for a marvellous sensation – tension fades away. The final touch, hot paraffin wax compresses and nourishes the hands and feet whilst softening the skin.

ORCHIDÉE VILLAS RITUALS

Create your own extended experience...

Choose any one-hour Guerlain ritual for the face or body and add one of the below 30-minute treatments for ultimate rejuvenation:

Personalised Facial Mask

Ice Bubble Facial Massage

Hand Reflexology

Guided Meditation with a Tibetan Singing Bowl

Paraffin Hand and Feet



EXCLUSIVE GUERLAIN EXPERIENCES FOR CHEVAL BLANC RANDHELI

Randheli Sun Ritual - 1h30

This sensorial and relaxing face and body treatment prepares the skin for tanning and prolongs a healthy glow after sunbathing. A smoothing exfoliation with a gentle scrub precedes the treatment, leaving the skin healthy, refined and as soft as silk. The body is then revitalised by an enveloping massage with a nourishing and delicately scented oil. The masterful ballet of this soft and harmonious massage therapy provides a sense of absolute relaxation and escape.

After-Diving Experience - 1h30

This unique face and body treatment complemented by a massage is an exclusive experience, ideal after a diving excursion. The treatment evokes the essence of the aquatic universe and sublimates the sensation of diving whilst fading its adverse effects. Slow and fluid movements alternate with stronger gestures. The muscles relax and blood flow improves, providing a feeling of lightness.

ORCHIDÉE IMPÉRIALE, THE QUINTESSENCE OF GUERLAIN TREATMENTS

Orchidée Impériale Black Treatment - 1h

This revolutionary anti-ageing concept, combined with Guerlain's cellular immunity technology, reinforces the skin's powers of self-defence to the maximum. From the first session, wrinkles appear visibly reduced, the skin's texture rendered smoother and facial contours redefined. The skin is firmer and incredibly radiant.

Orchidée Impériale Prestige Treatment - 1h30 / 2h30

The remarkable power of the orchid's longevity has inspired Guerlain to create this exceptional facial treatment, the most comprehensive of all. The combination of the exclusive firming massage stemming from the aesthetic savoir-faire of Guerlain, with the efficiency of an expert cream, and the precision of an ultra-concentrated serum, offers absolute well-being and visibly transforms the skin, revealing a rediscovered youth.

Orchidée Impériale Ultime Face & Body Treatment - 2h / 3h

This anti-ageing treatment combines an exclusive firming massage by Guerlain with the efficiency of the Orchidée Impériale products. It is delivered with flawless efficiency providing a feeling of complete well-being. Deep movements stimulate every muscle, whilst the energising massage ensures cellular renewal. The ritual visibly maintains the firmness and tone of the face and body, restores the skin's glow and leaves a radiant complexion.



ABEILLE ROYALE, LIFTING & FIRMING SIGNATURE FACIAL

Honey Repair Treatment - 1h30

Guerlain brings a new angle to its expert treatment designed with the Abeille Royale range to reap all the benefits offered by bee products. It starts off with a microdermabrasion to perfectly smooth the skin texture, followed by a purifying massage with warm plant infusions to perfectly stimulate the epidermis. Then, each wrinkle is the focus of attention using the Abeille Royale Serum application technique, which acts on the key processes in skin reconstruction. Finally, the new Abeille Royale cataplastm mask, inspired by honey wounds dressings, is applied. It is tailored to the needs of each individual woman to create a smoothing and repairing effect. Through this complex protocol, the signs of ageing gradually fade away. The skin is firmer, and the face opens up and appears illuminated... A catalyst for youth to be enjoyed without moderation.

ADDICTIVE RITUALS BY GUERLAIN

Sun Ritual - 30 min*

This facial treatment prepares and soothes the skin before and after a sunny day on the beach. Gentle exfoliation and an enveloping massage are coupled with a customised mask tailored to each guest, for a truly in-depth repair. Intensely nourished, hydrated and replenished, the skin regains its suppleness and brightness.

Eye Focus Ritual - 30 min*

With a deep and effective massage, the subtle skin around the eyes finds a new youthful vibrancy. After the application of ultra-hydrating and smoothing eye pads come cool spheres of ice used to decongest - an expert ritual for a radiant face.

Escape Ritual - 30 min*

A single treatment to revitalise the scalp. Carefully massaged with a Leonor Greyl ritual adapted to each guest, the scalp and hair follicles regain their vitality. Soft and harmonious massage movements allow guests to fall into a deep state of relaxation.

AESTHETIC FACIAL MASSAGES

Face Sculpt - 1h

The Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to your skin. With its deep muscular action, it shapes the facial contours, emphasises the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply reinforced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer.

Skin Light - 1h30

This treatment delivers an immediate radiance boost and reveals the skin's natural glow. Microdermabrasion and a deep muscle massage for the face, enhanced with the Orchidée Impériale Radiance mask are just some of the secrets this treatment has to offer. The results are spectacular. The complexion is even and beautiful.

* *to complement every other treatment*

FACIAL TREATMENTS, TAILOR-MADE GEMS

Guerlain facial treatments combine highly advanced products, aesthetic expertise and the most refined services tailored to your unique specifications.

Radiance Facial - 1h

Achieve a fresh, clear and radiant complexion with this deep cleansing treatment coupled with an exclusive 5-minute Guerlain facial massage and mask.

Complete Facial - 1h30

An exclusive 19-minute Guerlain facial massage with an active skincare concentrate and mask round off this deep cleansing facial therapy. The ultimate revival for tired-looking skin.

Intensive Facial - 2h

Nearly two hours of sheer bliss for a pure and radiant appearance. A deep cleansing combined with an exclusive 25-minute Guerlain facial massage and specific mask as well as an active skincare concentrate will strengthen your skin and reveal greater texture and tone. To gently finish the modeling, a balm concentrated in aromatic herbs leaves the skin fresh and soothed.



BODY SUBLIMATION

Body Sculpt Treatment - 1h / 1h30

The Body Sculpt Treatment is at the cutting edge of massage. You'll instantly feel the effects of this powerful treatment, which will sculpt your body and decongest your adipocytes. Working deeply and intensely, it warms the hypodermis and stimulates lipolysis to accelerate the fat-burning process. This invigorating sequence of kneading, which finishes with a contrasting drainage phase, has lasting calming and balancing benefits for the metabolism. The expert techniques, combined with Guerlain's miraculous body care products, will sculpt and slim the waist, legs and hips. They naturally refine the curves of the body, for a harmonious silhouette. For even more visible results, the treatment can be combined with a relaxing exfoliation, or with a Cryo Skin 2.0 ritual to firm or slim as desired.

Body Polish - 1h

An invigorating water massage and rejuvenating body polish transport you to a total state of relaxation. Coupled with a hydrating treatment, this therapy leaves your skin healthy, refined and as soft as silk.

Soothing Ritual - 1h

During this reparative and calming wrap, the activated enzymes of aloe vera penetrate sun-exposed skin, allowing for deep moisture absorbance and hydration. After, a gentle facial cleanse and massage soothe the pores and scalp. To gently finish the treatment, a balm concentrated in aromatic herbs leaves the skin fresh and soothed.

HARMONISING MESSAGES

Secrets of India - 1h

The Shalimar Legend is the inspiration of this unique massage to dive you in the heart of India. During this journey, the hands of the Guerlain Expert are intensively guided by the rhythm of the music which have been developed especially for this experience. This artistic and musical composition is divided in four emotions; meditation, sensuality, joy, and the apogee of this adventure: the energy. Secrets of India is the promise of a new aura, a body & mind rebirth.

Relaxing Sensorial Journey - 1h / 1h30

The Relaxing Sensorial Journey evokes the soothing effect of lounging on the beach, where the scenes of sun and sand mingle. Soft, slow and harmonious movements caress the face and body for immediate relaxation - resulting in a sense of escape and serenity.

Imperial Relaxing Massage - 1h / 1h30

This massage pays homage to Eau de Cologne Impériale. Transported in an anti-stress cocoon, this multi-sensory experience inspires complete calm, leaving you totally relaxed and invigorated. The Imperial Relaxing Massage facilitates oxygenation, stimulates circulation and evokes a profound sense of serenity.

Four-Hand Imperial Relaxing Massage - 1h / 1h30

Modelled on the signature Imperial Relaxing Massage, this masterful ballet of massage movements by expert hands offers a unique and absolute sensorial experience. From the very first moment of surrender to tranquillity, abandon the body and mind to the voluptuous sensation of lightness and well-being.

Body Suppleness and Harmony Massage - 1h / 1h30

Rebalance the body and mind with this completely unique composition. Based on friction and criss-cross techniques, it works on the ligaments and tendons like strings on a musical instrument. The joints are released, liberated; tissue oxygenation is improved. Restores flexibility and serenity.

Body Lift - 1h / 1h30

This energetic body massage relies on softening and kneading the muscles in order to regain tone and definition. At the heart of the ritual lies an intense stimulation of the cellular renewal process for the strengthening of muscles and the skin.

Hot Stone Massage - 1h30

With the use of hot stones, this massage deeply warms muscles and stimulates nerve endings to activate blood circulation and improve complexion. With an immediate draining and detoxifying effect, the flow of energy is naturally restored.

HARMONISING MESSAGES

Shiatsu Massage - 1h / 1h30

This holistic dry massage releases physical tension and stored emotions. A pressure point massage along the meridian system balances the body's energy flow, leading to ultimate rejuvenation.

Indian Head Massage - 1h / 1h30

Based on Ayurvedic techniques, this traditional Indian massage focuses on the scalp, neck and shoulders, helping to stimulate blood circulation and increase mobility and flexibility in the neck and shoulders. It is particularly good for reducing the effects of stress and tension.

Thai Massage - 1h30 / 2h

This ancestral dry massage takes its cue from natural traditional medicine. Acupressure, stretching techniques inspired from yoga and respiratory exercises awaken the body's energy flow and release it from physical tensions.

Balinese Massage - 1h / 1h30

This massage is a full-body holistic treatment using traditional Indonesian techniques combining gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood, oxygen and "Qi" energy, endowing a sense of well-being, tranquillity and deep relaxation.

Sports Massage - 1h / 1h30

Firm, meaningful strokes and deep finger pressure target muscle pain and tension.

Deep Muscular Massage - 1h / 1h30

A powerful and sensorial ritual, where the most worked muscles are stimulated using techniques borrowed from the world's most powerful ancestral massage methods such as Tui Na, Lomi Lomi or traditional Balinese massage.

Lymphatic Drainage Massage - 1h / 1h30

The drainage-enhancing flow technique activates the lymphatic system whilst the stimulation of energy points along the meridian system balances the vital functions of the body, releasing toxins and leading to a feeling of revitalisation and slimmed extremities.

Pre / Post Natal Massage - 1h / 1h30

Given after the first trimestre or after-birth, this massage eases the aches and pains caused by pregnancy and relieves the back from its tensions. It improves the elasticity of the skin by stimulating circulation.

MEN'S TREATMENTS

Energising Facial - 1h

Give your skin a boost! Uncover a fresher complexion through deep cleansing. Exfoliation, massage and mask, coupled with a complimentary eye treatment generate a more rested and radiant skin tone.

Skin Saver Facial - 1h30

A facial uniquely tailored to your needs - fully addressing your desire for technique, skin therapy and total well-being. Following an invigorating exfoliation, the skin is strengthened and revived with Guerlain's exclusive facial massage and specialty mask. A unique eye treatment relieves congestion to reveal youth and clarity.



FOOT EXPERIENCE

Foot Reflexology - 1h / 1h30

A reflexology foot treatment speeds recovery by improving venous and lymphatic circulation, stimulating the elimination of built-up toxins associated with muscle exertion. It brings a sensation of lightness to the legs and feet, and considerably reduces the heaviness of leg muscles due to the heat and sun.

MANICURE & PEDICURE

Back to Beauty Hand or Foot - 1h

Rediscover perfect hands or feet. A gentle exfoliating treatment, followed by a hydrating treatment and Guerlain lacquer application create a sublime experience for the nails and skin.

Colour Application - 20 min

For perfectly manicured nails, the Guerlain lacquer application presents a 3-step ritual. Nails are smooth, fabulously shiny and perfectly shaped.

BEAUTY STUDIO

Make-up Application - 1h

The magic of Guerlain make-up enhances the natural beauty in every woman. With a delicate fragrance and texture, it blends effortlessly with the skin, evoking the warmth and elegance of an exquisite world; a world in which every woman glows. Whether seeking a natural or more sophisticated effect, the artistry of the Guerlain make-up range helps you achieve the look you desire.

HAMMAM

Hammam Escape - 1h30

This unique hammam experience begins with an invigorating body polish in order to prepare the skin. This exfoliation united with a steam bath purifies the skin, drains toxins and relieves muscle pain and tension. To follow, a bespoke Guerlain treatment with one of four Massage Elixirs leaves the skin feeling as soft as silk, and takes the mind through a marvellous sensorial universe.



TRAVEL PRESCRIPTIONS

Whether enjoying upon arrival on Randheli to rehydrate skin and to restore energy, or just before your departure, these treatments are intended to combat the effects of air travel. Each relaxing experience may be prolonged with a personalised hair care treatment and scalp massage.

Pre-Flight - 2h

Radiance Facial (1h), Back to Beauty Hand or Foot (1h)

Jet-Lag - 2h30

Complete Facial (1h30), Imperial Relaxing Massage (1h)

GUERLAIN

A selection of Guerlain products is available for purchase at the Spa Boutique. Indulge in Guerlain's realm of exceptional fragrances, the sensuality of their luxurious textures and let yourself be seduced by the extraordinary range of products available at the Cheval Blanc Spa.

Haute Parfumerie

Lovers of beauty will appreciate Guerlain's timeless and elegant fragrances, each with its own individual character and exquisitely designed bottle - l'Art et la Matière, les Elixirs Charnels, les Parisiens. With their use of precious materials and absolute refinement, the Exclusive Collections encapsulate the Guerlain spirit.

The Art of Skincare

Guerlain's research has always focused on the quest for perfect skin by creating outstanding skincare products which blend active, natural and rare ingredients. Like precious jewels, every beautifully crafted jar encases an efficient and refined product that has been carefully formulated and delicately perfumed, to ensure each use is a truly sensory experience.

The Magic of Make-up

Shimmering powders and extraordinary lipstick, an exclusive selection has been chosen for Cheval Blanc Randheli for an illuminating effect.







HAIR SPA BY LEONOR GREYL

A true pioneer in the world of hair care, Leonor Greyl has been innovating all-natural hair products for over 45 years with the use of high performance plant extracts and carefully selected active ingredients. The salon-quality line of products, including Huile de Leonor Greyl, Masque Fleurs de Jasmin (jasmine hair mask), and Shampooing Crème Moelle de Bambou (bamboo cream shampoo), are sought-after the world over for their red carpet and runway results.

Exclusively for Cheval Blanc Randheli, Leonor Greyl has created a tailor-made Hair Spa concept, combining state-of-the-art hair treatments with the idyllic island setting, for ultimate well-being and relaxation. A multitude of experiences have been conceived in order to nourish and remedy tresses for an immediate and long-lasting hair beautification, followed by a cut or style.

EXPRESS TREATMENTS

Sunrise Ritual - 20 min

In the morning, hydrating and protective oil is applied to the hair to protect against the undesirable effects of the sun and sea. Depending on its length, the hair will be immediately tied up in a protected up-do secured with a stylish fascinator, or pulled back with a headband for a more relaxed and feminine style.

Flower Cream Ritual - 20 min

This treatment provides deep nourishment to dry, frizzy or damaged hair. The cream will soothe the scalp and smooth, soften and brighten the hair.

Wheat Germ Oil Ritual - 20 min

This treatment, rich in vitamins A, E and F, is ideal for hair that lacks vitality. It will clarify the build-up of oil on the scalp and prevent the hair's ageing process.

DEEP TREATMENTS

Every experience begins with a consultation offering a close analysis of your hair in order to create a customised mixture of oil and plant extracts to treat your specific needs. The all-natural nectar is applied to the scalp and along the hair shaft using a paintbrush, to penetrate and regenerate the hair. A soothing massage follows starting at the scalp, it works its way through the neck and shoulders, targeting and soothing zones of tension. A 15-minute pause follows under a steam cap to activate the treatment and improve absorption. The nectar is rinsed thoroughly during a truly nourishing and relaxing moment. Next, the application of an energising complex is combined with a gentle massage to stimulate circulation and oxygenation of the scalp. As a final touch, the hair is styled as desired. This treatment restores vitality, tone, softness and shine to even the finest and most damaged hair while protecting its colour.

Randheli Radiance - 1h30

Destressing treatment for dry hair.

Indian Ocean Vitality - 1h30

Revitalising treatment for lacklustre hair.

Maldivian Harmony - 1h30

Regenerating treatment for oily scalp.

Island Breeze - 1h30

Volumising treatment for thin and damaged hair.

DEEP TREATMENTS

Hair Care Sequence - 5 x 1h30

To maximise the long-term benefits of this exclusive hair treatment, the Hair Spa by Leonor Greyl offers a programme for daily application of the hair nectar over a five-day period. You can opt for application in the mornings for maximum hydration, or in the evening to improve hair's vitality.

The iterative nature of this treatment throughout your stay will restore, strengthen and nourish your hair for an ultimate and lasting hydration and shine.

Hair Spa for Men - 1h30

Specifically dedicated for men, this regenerating Hair Spa treatment begins with the application of a revitalising treatment full of vitamin B, formulated with plants and vegetal oils. It is followed by a stimulating scalp massage, to activate the hair's micro-circulation and restore a healthy vitality.





YOGA – ALL LEVELS

Sunrise / Sunset Yoga - 1h / 1h30

Performing yoga at sunrise or at sunset is the optimal way to experience its physical, mental and emotional benefits. The invigorating and challenging poses of Sunrise Yoga will awaken senses with the rise of the sun leaving you energised for the remainder of the day. Similarly, the slow and deliberate poses of Sunset Yoga will relax you, preparing the mind and body for a restful evening.

Aerial Yoga - 1h / 1h30

Aerial Yoga is a ground-breaking approach to a traditional yoga practice. With the use of a swing, a silk fabric suspended above the ground, you will achieve various poses that defy gravity. With an unequalled feeling of lightness, you will experience the sensation of flying, relief from tensions and stress as well as an improved body alignment.

Weight-Loss Yoga - 1h / 1h30

As an extension of Power Yoga, Weight-Loss Yoga places focus on perfecting each pose by holding it for longer. This improves endurance, flexibility and contributes to a leaner and slender figure.

Therapeutic Yoga - 1h / 1h30

Therapeutic yoga focuses on specific and individual needs. It actively works on ways to heal and improve the condition, illness or injury. While regular Yoga is broader and encompasses the whole being, therapeutic yoga is more target specific and works toward healing that particular ailment. It aids in the recovery from physical and mental illness

YOGA – INTERMEDIATE / ADVANCED

Hatha Yoga - 1h / 1h30

The ancient practice of yoga benefits practitioners by bestowing spiritual and physical elevation. This unique form of exercise combines stretching and breathing to help improve circulation. This nourishes the cells throughout the body leading to improved physical health and a meditative state of mind.

Vinyasa Yoga - 1h / 1h30

Vinyasa Yoga is derived from the practice of Ashtanga Yoga and employs the technique of connecting postures and breath-synchronised movements, leading to a path of physical lightness and mental peace. The body, mind and spirit are left synchronised, granting truly holistic well-being.

Power Yoga - 1h / 1h30

More energetic than traditional yoga, Power Yoga combines poses known for their energizing properties. This yoga is a fitness oriented practice that tonifies your muscles, improves flexibility and stability.

Ashtanga Yoga - 1h / 1h30

This practice will guide you through the eight-fold path of yoga as outlined by Patanjali: yama (moral conduct), niyama (contemplation), asana (yogic posture), pranayama (control over breathing), pratyahara (control over your senses), dharana (focused concentration), dhyana (meditation), samadhi (self-realisation). A combination of vigorous exercises for your limbs and an enlightening moment for your mind will leave you feeling accomplished and at peace.



MEDITATION

Indulge the mind with a meditation session in a pavilion opening onto the turquoise lagoon.

Pranayama - 1h

This practice of meditation develops the control of prana, the body's vital energy. It brings focus inward and decouples the senses from external stimuli in order to achieve concentration of the mind and cultivation of inner peace.

Mindfulness Meditation - 1h

Explore the five elements that render a beautiful mind: calmness, gratitude, clarity, spontaneity and care. By defining what a beautiful mind means, one may achieve a state of inner serenity and peace.

Deep Relaxation - 1h

Drift in a soothing oasis of quietude and pleasure with deep relaxation techniques. Feel the energy flowing through your body and the escape of the mind. By relieving tensions, deep relaxation improves your health, strengthens your immune system and teaches you the art of letting go.

Cyclic Meditation - 1h

An essential part of this meditation is being aware of sensations arising in the body with a combination of stimulating and calming techniques practiced with a background of relaxation and awareness. Cyclic meditation is the basis of every meditation.

YOGA RETREATS

Yoga Retreat - 3 days or 5 days

Time slows down, with every second lasting a little longer. Body and mind are deliciously cocooned in a bubble of contentment.

Cheval Blanc and Guerlain unveil an exclusive opportunity to deepen your yoga practice without the distractions from your daily life. A dedicated Yoga Retreat invites you to redefine your inner and outer beauty, as well as to restore the balance in your life thanks to our Yoga Master from India, Puneet.

The sessions will be designed exclusively according to your needs and your preferences by the Maison's yoga master. A one-of-a-kind journey that will guide you to reconnect with yourself and reset your body, soul and mind, as well as give a purpose to your vacation in Cheval Blanc Randheli.





YOGA RETREATS

The 3-day yoga retreat includes:

- Consultation & introduction
- Sunrise meditation
- Morning yoga
- Breathing session
- Mindful walking
- Steam room usage
- Afternoon yoga
- Aerial yoga discovery
- Sunset meditation
- Singing bowl meditation
- 60 minutes massage

YOGA RETREATS

The 5-day yoga retreat includes:

- Consultation & introduction
- Sunrise meditation
- Morning yoga
- Breathing session & meditation
- Mindful walking
- Steam room use
- Chakra healing and activation
- Aerial yoga experience
- One 60 minutes massage
- Breathing yoga flow
- One 60 minutes hammam treatment
- One 90 minutes beauty lift facial
- Afternoon yoga
- One 45 minutes Watsu
- Sunset meditation
- Singing bowl meditation



GENERAL CONDITIONS

Treatment Duration

The therapy durations indicated correspond to the length of your experience at the Spa. We encourage you to arrive at the Spa island 30 minutes prior to treatment time in order to enjoy the Spa facilities.

A Moment of Tranquillity

Our Spa is a haven of serenity. Please be sure to turn off your phone so that your relaxation and those of others are not disturbed.

Reservations, Late Arrival and Cancellation Policy

In order to secure the most suitable schedule, we recommend that you anticipate your treatments by making an appointment. Late arrivals may result in lost treatment time unless the schedule enables us to offer you the full service. Should you need to cancel or reschedule your appointment, as a courtesy we kindly ask that you provide us with a 3-hour notice to avoid incurring the full therapy fee. Cancellations made within the 3 hours will incur a full treatment charge.

After-Hours Supplement

A supplement charge of \$150 will occur for any appointments occurring between 9:00 pm and 10:00 am.

In-Villa Experience Supplement

A supplement charge of \$100 will occur for any treatments or yoga sessions out of the Spa Island.

Maakurandhoo Yoga Experience Supplement

A supplement charge of \$100 will occur for any yoga sessions in Maakurandhoo.

Smoking and Alcohol

Smoking and consumption of alcohol within the Spa is prohibited.

Valuables

A box for safekeeping of valuables is provided in the treatment room but we recommend that no jewellery is worn at the Spa. The Management and the Ambassadeurs accept no responsibility for the loss of money or valuables of any kind brought onto the Spa premises.

Opening Hours

The Spa is open every day from 10:00 am to 9:00 pm.

PRICE LIST

EXCLUSIVE EXPERIENCES FOR CHEVAL BLANC RANDHELI

Randheli Sun Ritual	90 min	\$320
After-Diving Experience	90 min	\$300

SIGNATURE TREATMENTS

Orchidée Impériale Black Treatment	60 min	\$350
Orchidée Impériale Black Treatment Cure	4 x 60 min	\$1200
Orchidée Impériale Prestige Treatment	90 / 150 min	\$330 / 540
Orchidée Impériale Ultime Face & Body	120 / 180 min	\$430 / 640
Honey Repair Treatment	90 min	\$330

ADDICTIVE RITUALS BY GUERLAIN

Sun Ritual	30 min	\$90
Eye Focus Ritual	30 min	\$90
Escape Ritual	30 min	\$90

AESTHETIC FACIAL MASSAGES

Face Sculpt	60 min	\$260
Skin Light	90 min	\$330

FACIAL TREATMENTS, TAILOR-MADE GEMS

Radiance Facial	60 min	\$250
Complete Facial	90 min	\$280
Intensive Facial	120 min	\$390

BODY SUBLIMATION

Body Sculpt Treatment	60 / 90 min	\$240 / 320
Guerlain Slimming & Body Wrap	120 min	\$400
Body Polish	60 min	\$220
Soothing Ritual	60 min	\$210

HARMONISING MESSAGES

Secrets of India	60 min	\$240
Relaxing Sensorial Journey	60 / 90 min	\$240 / 320
Imperial Relaxing Massage	60 / 90 min	\$240 / 320
Four-Hand Imperial Relaxing Massage	60 / 90 min	\$420 / 490
Body Suppleness and Harmony	60 / 90 min	\$240 / 320
Massage		
Body Lift	60 / 90 min	\$240 / 320
Hot Stone Massage	90 min	\$350
Shiatsu Massage	60 / 90 min	\$240 / 320
Indian Head Massage	60 / 90 min	\$240 / 320
Thai Massage	60 / 90 min	\$240 / 320
Balinese Massage	60 / 90 min	\$240 / 320
Sports Massage	60 / 90 min	\$240 / 320
Deep Muscular Massage	60 / 90 min	\$240 / 320
Lymphatic Drainage Massage	60 / 90 min	\$240 / 320
Pre / Post Natal Massage	60 / 90 min	\$240 / 320

MEN'S TREATMENTS

Energising Facial	60 min	\$250
Skin Saver Facial	90 min	\$290
Traditional Shaving	30 min	\$60

FOOT EXPERIENCE

Foot Reflexology	60 / 90 min	\$240 / 320
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MANICURE & PEDICURE

Back to Beauty Hand or Foot	60 min	\$120
Colour Application	20 min	\$30
Gel Colour Application	30 min	\$75
Express Manicure / Express Pedicure	45 min	\$80
Paraffin Mask	30 min	\$30

Prices are expressed in USD and are subject to 10% service charge and 12% goods and service tax.
Prices can be changed at any time without previous notice.

PRICE LIST

BEAUTY STUDIO

Make-up Application	60 min	\$150
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HAMMAM

Hamman	30 / 60 / 90 min	\$130 / 240 / 320
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WAXING

Upper Lip / Eyebrows	20 min	\$40
Under Arms / Bikini Line	20 min	\$50
Eyebrow Shaping	30 min	\$50
Lower Arms / Wide Bikini	30 min	\$65
Half Legs / Full Bikini	45 min	\$90
Full Legs	45 min	\$150

TRAVEL PRESCRIPTIONS

Pre-Flight	120 min	\$460
Jet-Lag	150 min	\$530

CURES

Body Sculpt Treatment (5 sessions)	390 min	\$1 230
Body Sculpt Treatment (8 sessions)	570 min	\$1 760
Body Sculpt Treatment (12 sessions)	840 min	\$2 690
Relaxing Sensorial Journey (6 sessions)	540 min	\$1 725
Imperial Relaxing Massage (6 sessions)	540 min	\$1 725
Thai Massage (6 sessions)	540 min	\$1 725
Sports Massage (6 sessions)	540 min	\$1 725
Deep Muscular Massage (6 sessions)	540 min	\$1 725

HAIR SPA BY LEONOR GREYL – HAIRCUT

Women		\$100
Men		\$70
Children		\$40

HAIR SPA BY LEONOR GREYL – HAIRSTYLING

Blow Dry Short Hair		\$50
Blow Dry Mid-Length Hair		\$65
Blow Dry Long Hair		\$80
Blow Dry Curly Hair		\$110
Stylist Braiding		\$150
Hair Bun		\$100
Up-do		\$200

HAIR SPA BY LEONOR GREYL – EXPRESS TREATMENTS

Shampoo Only	20 min	\$30
Sunrise Ritual	20 min	\$55
Flower Cream Ritual	20 min	\$80
Wheat Germ Oil Ritual	20 min	\$80

HAIR SPA BY LEONOR GREYL – DEEP TREATMENTS

		1 session	5 sessions	10 sessions
Short Hair	90 min	\$185	\$750	\$1 260
Mid-Length Hair	90 min	\$200	\$840	\$1 500
Long Hair	90 min	\$250	\$1 090	\$1 680

YOGA & MEDITATION

Sunrise / Sunset Yoga	60 / 90 min	\$115 / 130
Aerial Yoga	60 / 90 min	\$115 / 130
Weight-Loss Yoga	60 / 90 min	\$115 / 130
Therapeutic Yoga	60 / 90 min	\$115 / 130
Hatha Yoga	60 / 90 min	\$115 / 130
Vinyasa Yoga	60 / 90 min	\$115 / 130
Power Yoga	60 / 90 min	\$115 / 130
Ashtanga Yoga	60 / 90 min	\$115 / 130
All Meditations	60 min	\$130
Yoga Retreat	3 / 5 days	\$1 700 / \$2 500

Prices are expressed in USD and are subject to 10% service charge and 12% goods and service tax.
Prices can be changed at any time without previous notice.

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