## THE SPA MENU

#### MIRACLE OF COCO DE MER

Shrouded in mystery, legend and tales of love, Seychellois coco de mer is a rare native palm tree with the largest seed in the plant kingdom. Fall in love with its nourishing benefits with this blissful five-step ritual: an energising body scrub; nourishing body mask; rich body butter massage; bath with beautiful bay views; and application of luxurious body lotion.

# 150 MINUTES EUR 385

#### **HEAVENLY FUSION MASSAGE**

Choose your preferred oil from our lovingly crafted blends of organic Seychellois goodness: Rejuvenating Cinnamon, Moisturising Coconut or Relaxing Lemongrass. Then melt into a cultural celebration of the Seychelles in massage form: techniques from Malaysia, India, Europe and Asia applied with medium to firm pressure to ease muscular tension and induce a deep sense of wellbeing.

# 60 - 90 MINUTES EUR 175 - 205

Note: Prices and treatments are subject to change without notice. Prices are subject to applicable taxes and a 10% service charge. Should you wish to cancel or reschedule, please advise us at least four hours prior to your appointment time in order to avoid a 100% cancellation fee. For in-villa treatments, 100% additional charge will be added to the regular price. Additional charges apply for treatments outside of usual spa opening hours. For full details and booking please contact the Spa.

#### STARLIT SERENITY

When the sea breeze whispers its secrets to the stars, the Spa rooftop transforms into a powerful place to ponder the Seychelles' sublime serenity. Our exclusive after-hours night spa experience, available to just one individual or couple a night, includes a blissful open-air Shell Serenity Massage using shells filled with marine minerals and sea kelp to warm and relax the body.

90 MINUTES
EUR 255
FOUR-HANDED ELEVATION

This profoundly relaxing, sleep-inducing treat is defined by the purity and simplicity of flowing streams of virgin coconut oil, cold-pressed from fresh coconuts. Performed by two therapists working in unison, rhythmic flowing strokes induce a deep sense of stillness that elevates body and mind to a higher state of bliss.

120 MINUTES
EUR 395
HEAVENLY CONNECTION

A beautiful union of organic Seychellois essential oils and pure local flowers breathe the essence of love into this uniting ritual. Performed side by side, it includes a body scrub, marma point massage and harmonizing facial. The connecting highlight? A private bath with uninterrupted sea views to set the scene.

180 MINUTES EUR 385

## SODASHI EARTH MASSAGE

With woody oils and essences, this calming massage boosts lymphatic circulation, clears blocked energy, promotes deep rest and re-energises body, mind and spirit.

60 - 90 MINUTES EUR 165 - 195

THERAPEUTIC DEEP TISSUE MASSAGE

Deep, targeted techniques combine with your choice of local organic oils to promote the recovery of injured or strained muscles, increase flexibility, and boost circulation.

60 - 90 MINUTES EUR 175 - 205

## SHELL SERENITY MASSAGE

Sea shells filled with warm sea minerals and dried sea kelp generate a soothing heat and combine with medium to firm pressure to increase circulation and reduce stress.

90 MINUTES EUR 205

## TRADITIONAL THAI MASSAGE

A healing treatment that improves flexibility and boosts energy. Specific areas are targeted with pressure point touch and gentle assisted movements to both relax and invigorate.

60 - 90 MINUTES EUR 175 - 205

#### MINT FOOT MASSAGE

This focused therapy stimulates reflex points in the feet to alleviate tiredness and soothe different parts of the body, aided by the invigorating fragrance of local mint.

60 MINUTES EUR 165

## **MOTHER-TO-BE MASSAGE**

A specialised therapy to nurture expectant mothers. Using only the purest and safest Seychellois organic coconut oil, enjoy targeted tension relief and deep relaxation.

60 - 90 MINUTES EUR 175 - 215

#### CELESTIAL SUN SOOTHER

Our own blend of fresh cucumber, aloe vera and yoghurt soothes and moisturises over-exposed skin, while cooling mists and compresses reduce heat and promote rejuvenation.

60 MINUTES

**EUR 155** 

# SEYCHELLOIS SEA SALT, UNSCENTED SUGAR OR COCONUT FLAKE SCRUB

Choose from one of three exclusive scrubs, handmade in Mahé with hydrating organic coconut oil. Purifying Seychellois Sea Salt (for all skin types), Unscented Sugar (for ageing, inflamed or acne-prone skin) and Nourishing Coconut Flake (for gentle skin-softening).

60 MINUTES

**EUR 155** 

## RADIANT REFINEMENT MASK & WRAP

A deeply hydrating Sodashi treatment that flows from a jojoba body polishto a pink clay and mineral body mask, followed by a comforting wrap and relaxing scalp massage.

75 MINUTES

**EUR 235** 

### SODASHI SEA SMOOTHING WRAP

A clay and pumice exfoliation prepares the skin for the warm detoxifyingmarine extract body mask and wrap, followed by a toning and contouring body gel.

90 MINUTES

**EUR 225** 

# SEYCHELLOIS SEA SALT, UNSCENTED SUGAR OR COCONUT FLAKE SCRUB

Pick the scrub of your choice and enjoy a body treatment using organic ingredients.

60 MINUTES EUR 165

#### ULTIMATE LIFT FACIAL BY SWISS PERFECTION

Inspired by medical anti-ageing techniques, concentrated formulas work together to target wrinkles and loss of firmness for a natural lift with long-term benefits.

75 MINUTES

**EUR 790** 

# HYDRATING REJUVENATION FACIAL BY SWISS PERFECTION

This unique treatment visibly diminishes wrinkles and preserves optimal hydration levels, leaving skin feeling smooth and the complexion restored and rebalanced.

75 MINUTES

**EUR 690** 

### PURE RADIANCE FACIAL BY SODASHI

A warm, aromatic compress softens and exfoliates; a nurturing herbal mask purifies and hydrates; and a facial massage with plant essences refreshes and revitalises.

75 MINUTES

**EUR 225** 

### CRYSTAL OCEAN FACIAL BY SODASHI

Spirulina and fucus – known for their radiance-boosting, elasticity-restoring benefits – combine with Rose Quartz, Green Aventurine and Carnelian in this revitalising facial.

75 MINUTES

**EUR 225** 

# THE MASCULINE 'HEIGHT OF WELLBEING FACIAL' BY SODASHI

A salt-therapy back massage relaxes the body before a cleansing facial balances, tones and detoxifies male skin, helping prevent ingrown hairs.

75 MINUTES

**EUR 225** 

# SAMADARA FACIAL BY SODASHI

Inspired by anti-aging medical techniques, this five-step lifting treatment offers spectacular immediate effects. Specific and highly concentrated formulas work in symbiosis to target the loss of firmness, sagging and wrinkles. It acts as a natural lifting with long-term benefits.

105 MINUTES

**EUR 450** 

# CELLULAR NECK AND DÉCOLLETÉ TREATMENT

Firm and contour the skin for a more refined appearance.

20 - 45 MINUTES EUR 145 - 290

### CELLULAR EYE CONTOUR TREATMENT

Smooth out wrinkles and fine lines around the eye area for a more radiant look.

20 - 45 MINUTES EUR 145 - 290

# **OUR SPA JOURNEYS**

#### OCEAN CONNECTION

Attune with the sea and learn to go with the flow with this tranquil journey of marine-inspired moments. Best enjoyed over two days.TREATMENTS
INCLUDED:PRIVATE YOGA AT THE BEACHSEA SMOOTHING WRAPSHELL SERENITY MASSAGECRYSTAL OCEAN

FACIALEUR 7255 HOURS 25 MINUTES

#### DIVINE LOVE

Sensual rituals for couples to enjoy together and reconnect on a physical, emotional and spiritual level. Perfect for honeymoons, anniversaries or just

because.TREATMENTS
INCLUDED:HEAVENLY
CONNECTIONSTARLIT SERENITYIN
VILLA BATH RITUALEUR 1,2255
HOURS 30 MINUTES

All Spa Journeys offer a minimum of a 10% saving and are sold per couple.

### RESTORATIVE HAIR TREAT

Featuring local organic coconut oil and a relaxing scalp, neck and shoulder massage.

60 MINUTES

**EUR 135** 

# MEDICAL GRADE MANICURE OR PEDICURE

Our manicures and pedicures use medical grade equipment and coco de mer cream to help smooth the skin and protect the nails and cuticles. Includes buffing or polish.

75 MINUTES

**EUR 95** 

#### **GEL POLISH APPLICATION**

Enjoy lustrous nails for up to two weeks with high-resistance gel polish by Jessica.

45 MINUTES

**EUR 85** 

## BRIDAL MAKE UP APPLICATION

A flawless finish for your big day day.

90 MINUTES

**EUR 225** 

LADIES' SHAMPOO AND CUT

60 MINUTES

**EUR 60** 

LADIES SHAMPOO AND BLOW DRY (SHORT)

60 MINUTES

**EUR 70** 

LADIES SHAMPOO AND BLOW DRY (LONG)

90 MINUTES

**EUR 85** 

GENTS' SHAMPOO AND CUT

45 MINUTES

**EUR 55** 

# **GENTS' DRY CUT**

30 MINUTES EUR 50

HAIRSTYLING

60 MINUTES EUR 100

BRIDAL HAIR

90 MINUTES EUR 255

Full salon and waxing services are also available. Please contact the spa for details. Note: Prices and treatments are subject to change without notice. Prices are subject to applicable taxes and a 10% service charge. Should you wish to cancel or reschedule, please advise us at least four hours prior to your appointment time in order to avoid a 100% cancellation fee.

# ANGELIC KIDS' MASSAGE

A relaxing treat for young spa-goers using gentle pressure and long flowing strokes.

60 MINUTES EUR 125

JUNIOR MANICURE

A lovely manicure with polish or buffing, plus compresses, exfoliation and lotion.

30 MINUTES EUR 45

TIP TOP TOES

A perfect pedicure with polish and buffing, gentle scrub, foot massage and lotion.

45 MINUTES EUR 55

TEEN SPIRIT FACIAL

A deep cleansing treatment that uses mineral rich clay cleanser to balance unpredictable teenage skin. For best results, book a series of treatments.

# 60 MINUTES EUR 135

Note: Kids spa treatments are for guests aged 6 to 11 years. In order to maintain a safe and relaxing atmosphere, we recommend that young spa goers are accompanied by a parent or guardian, who must sign a waiver to allow the treatment to take place. Note: Prices and treatments are subject to change without notice. Prices are subject to applicable taxes and a 10% service charge. Should you wish to cancel or reschedule, please advise us at least four hours prior to your appointment time in order to avoid a 100% cancellation fee. For in-villa treatments, 100% additional charge will be added to the regular price. Additional charges apply for treatments outside of usual spa opening hours. For full details and booking please contact the Spa.