

ZEZ

ZEZ - BREAKFAST

WAKE UP TO WELLNESS

ACAI BOWL

Acai Seeds, Greek Yoghurt, Berries and Granola

SUPERFOOD BOOSTER

Smoked Salmon, Avocado, Scrambled Omega 3 Eggs, Boiled Zucchini, Extra Virgin Olive Oil

AVOCADO TOAST

Poached Egg, Sundried Tomato Sauce

EGG WHITE OMELETTE

Green Asparagus, Edamame Beans and Spinach

MORINGA BOWL

Seychelles superfood Pancake, Organic Honey

PORRIDGE

Choice of Milk or Water ; with Banana, Sunflower Seeds, Almonds and Cinnamon

EGGS

EGGS ROYALE

Spinach, Smoked Salmon, Hollandaise, Radish Chips, Capers and Chives

EGGS BENEDICT

English Muffin, Poached Egg, Hollandaise Sauce

EGGS ANY STYLE

**CHOICE OF: TURKEY,
BEEF OR PORK HAM**

Choice of: Fried Eggs, Omelette or
Scrambled

**WITH YOUR CHOICE OF
ACCOMPANIMENTS:
ONION, MUSHROOMS,
TOMATO, MATURE
CHEDDAR, SMOKED
SALMON
ANY TYPE OF HAM,
PEPPERS**

ENGLISH BREAKFAST

Slowly Roasted Tomatoes, Baked Beans,
Sausages, Ham, Fried Eggs and Mushroom

CREOLE OMELETTE

Crab Spicy Omelette with Chilli, Oyster
Sauce, Fresh Coriander

EGG DISH OF THE DAY

MONDAY

Truffle and Egg

**SCRAMBLED EGGS WITH
TRUFFLES/TOASTED RYE
BREAD**

TUESDAY

Pepper and Egg

**SHAKSHOUKA EGGS WITH
SLOWLY ROASTED
TOMATOES AND PEPPER**

WEDNESDAY

Crab and Egg

THURSDAY

CRAB CAKE TOPPED WITH
POACHED EGG,
HOLLANDAISE SAUCE AND
CRAB BISQUE

Nest and Egg

FRIDAY

OVEN BAKED EGG WITH
HAM, BECHAMEL SAUCE
INTO A BRIOCHE NEST

Mushroom and Egg

SATURDAY

EGG 'EN COCOTTE' WITH
PROSCIUTTO AND
SAUTÉED MUSHROOMS

Soy and Egg

SUNDAY

CHINESE-STYLE STEAMED
EGG WITH SOY, ALMOND
MILK AND SPRING ONIONS

Salmon and Egg

SCRAMBLED WHITE EGG
WITH SMOKED SALMON,
AVOCADO, RADISH
FLAKES AND CHIVE OIL

SWEET TREATS

FRENCH TOAST

Orange Segments, infused with Fresh
Vanilla, Orange Sauce, Cinnamon, Fresh
Basil

WAFFLES

Banana, Chocolate Sauce and Icing Sugar

FROM THE BAKERY

VIENNOISERIE

Assortment of Danishes and Croissant

BREAD BASKET

Variety of Breads with Butter and Jam
Selection

SMOOTHIES

Mango, Pineapple, Coconut Milk Smoothie

Refreshing Melon Power Smoothie

Strawberry and Tomato Smoothie

DETOX DRINKS

Cucumber, Celery, Spinach, Green Apple
and Ginger

Carrot, Ginger, Curcuma and Orange

YOUR HOT BEVERAGES

OUR TEAS

Jasmine Silver Needle / Peppermint Leaf /
Early Grey / Lemongrass and Ginger /
Jade Sword Green Tea / Black currant and
Hibiscus / English Breakfast / Darjeeling
2nd Flush / Chamomile Flower

FRESH TEA

Ginger / Mint / Lemongrass

COFFEE SELECTION

Single Espresso / Double Espresso /
French Press / Americano / Latte /
Cappuccino / Macchiato.

MILK SELECTION

Full Cream / Skimmed Milk / Soya Milk /
Almond Milk

ZEZ

DINNER

野菜 VEGETABLES

SPICY EDAMAME

SCR 220

MISO SOUP

with a choice of

PLAIN: SCR 220

SHRIMP: SCR 310

SCALLOP: SCR 350

OKONOMIYAKI

SCR 260

GRILLED ASPARAGUS

Yuzu Miso Sauce

SCR 260

TEPPANYAKI VEGETABLE

SCR 250

TOFU KIMCHI

SCR 270

MISO GLAZED ROASTED EGGPLANT

GYOZA VEGETABLE SCR 250

3 pieces

**GARLIC FRIED RICE OR YAKISOBA VEGETABLE
NOODLES** SCR 245

with a choice of:

SHRIMP: SCR 340

DUCK: SCR 360

PORK: SCR 315

BEEF: SCR 460

VEGETABLE: SCR 305

KALE CAESAR SALAD

Sesame Dressing

WAKAME CUCUMBER SALAD SCR 340

PRAWNS AND SPINACH SALAD SCR 280

SCR 310

魚 SEAFOOD

RED SNAPPER TEMPURA

Matcha Salt

TUNA NUTA-AE SCR 340

SAUTÉED LOBSTER SCR 290

Teriyaki Truffle

TAKOYAKI CRUNCHY OCTOPUS SCR 740

PRAWNS TEMPURA	SCR 335
TUNA TARTARE	SCR 350
PRAWNS DUMPLING	SCR 410
	3 pieces
SPICY MUSSEL	SCR 340
SHRIMPS TAPPANYAKI	SCR 385
SNAPPER SASHIMI	SCR 360
	Yuzu Passion Fruit Sauce
TUNA ABURI	SCR 325
	Japaness Onion Ponzu Salsa
SALMON NEW STYLE SASHIMI	SCR 275
	Spicy Miso
GLAZED BLACK COD MISO AND HAJIKAMI	SCR 350
SOFT SHELL CRAB TEMPURA	SCR 385
WASABI PRAWNS	SCR 360
OCTOPUS TEMPURA	SCR 350
	SCR 350

肉や家禽 MEAT & POULTRY

A5 KOBE BEEF TATAKI

SCR 1,100

PORK SHU-MAI

SCR 385

BEEF TERIYAKI TRUFFLE

SCR 640

KARA AGE CHICKEN

SCR 325

BEEF DUMPLINGS

3 pieces

SCR 325

GLAZED CHICKEN YAKITORI

Teriyaki Sauce

SCR 315

BEEF TATAKI

Truffle Onion Ponzu Sauce

350

CHICKEN TERIYAKI BAO BUN

Teriyaki Sauce

385

GLAZED PORK BELLY BAO

Japanese BBQ Sauce

SCR 385

WAGYU BEEF TEPPANYAKI

SCR 575

KATSU SANDO WAGYU

Cabbage and Tonkatsu Sauce

A5 KOBE BEEF	SCR 890
KUSHIYAKI	SCR 1,850
	Chicken, Salmon, Beef Skewer
PEKIN DUCK ROLL	SCR 315
	SCR 315

ASSORTED PLATTER

SCR 2,280 per person for 26 pieces

SALMON ROLL	
	4 PIECES
SALMON SASHIMI	
	3 PIECES
PRAWNS NIGIRI	
	2 PIECES
SALMON NIGIRI	
	2 PIECES
TUNA SASHIMI	
	3 PIECES
AVOCADO ROLLS	
	4 PIECES
CALIFORNIA ROLLS	
	4 PIECES
DEEP FRIED TEMPURA ROLL	
	4 PIECES

お菓子 DESSERTS

MOCHI ICE CREAM SELECTION

MANGO STICKY RICE SCR 325

Rice Foam and Caramelized Rice

MATCHA TEA MOLTEN CAKE SCR 315

Calamansi Sorbet

MILKY CHOCOLATE CREAM SCR 325

Roasted Sesame, Yuzu and Cacao Sorbet

SOY DESSERT SCR 335

Passion Fruit, Grapefruit, Sweet Soy Foam

SCR 335

Prices are in Seychelles rupees as per government law and subject to 10% service charge and 15% VAT.

ZEZ

KIDS MENU

SOUPS

SWEET CORN

Egg White Soup

CHICKEN NOODLE SOUP SCR 80

SCR 80

SUSHI AND MAKI

6 pieces
CUCUMBER CHEESE MAKI

SCR 120
CHICKEN SAUSAGE MAKI

SCR 120
SUSHI BEAR

SCR 120

RICE

VEGETABLE FRIED RICE

SCR 110
CHICKEN FRIED RICE

SCR 130

NOODLE

WOK EGG NOODLE WITH CHICKEN

SCR 130

TEPPANYAKI

with a choice of French Fries, Steamed Vegetables or Steamed Rice
SALMON

80 gram

SCR 220
TUNA

100 gram

SCR 220
CHICKEN BREAST

100 gram

TEMPURA PRAWNS SCR 220

3 pieces

SCR 260

DESSERTS

BANANA SPLIT

Vanilla Ice Cream

SCR 90

HOMEMADE BROWNIE

Red fruit and whipped cream

SCR 90

BROWNIE

Chocolate Sauce

SCR 90

SLICED FRUIT PLATE

SCR 160

ICE CREAM OR SORBET

Vanilla / Chocolate / Mango

SCR 80

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ZEZ

DRINKS

ZEZ SIGNATURE COCKTAILS

CANTON MULE

Vodka, Homemade Ginger Syrup, Lime Juice, Mint, Sparkling Coconut Water (A Twist On A Classic Favourite, The Moscow Mule, Refreshing and Light with A Kick Of Ginger)

SCR 320

WAN CHAI SPRITZ

Vodka, Sake, Fresh Grapefruit, Cherry Liqueur, Splash Of Soda (An Aperitivo Style Cocktail, Crisp And Fruity)

SCR 320

NATIVE WHISTLER

Monkey Shoulder Scotch, Chocolate Liqueur, Fresh Pineapple And Fresh Lemon Juice, Bianco Vermouth (Light, Bright and Refreshing With Subtle Hints Of Dry Chocolate)

SCR 320

SILK ROAD COBBLER

Cimarron Tequila, Port, Strawberry Liqueur, Homemade Star Anise Syrup, Lime Juice (Bold In Flavour, Sweet Jammy With Hints Of Anise And Strawberry)

SCR 270

UMAMI DAISY

London Dry Gin, Green Chartreuse, Homemade Parsley Syrup, Lemon Juice And Soda (Herbaceous And Light, Sweetened With Bright Parsley)

SCR 320

ZEZ COLADA

Coconut Rum, Coconut Milk, Pineapple And Mango Juice (A More Robust Variation Of The Classic, Creamy And Flavourful)

ATAS OLD FASHIONED

SCR 320

Pyrat Rum, Homemade Pineapple Syrup, Creole Bitters (A Fruitier And Slightly Sweeter Take Of An Old Fashioned Cocktail)

BAMBOO JULEP

SCR 320

Makers Mark Bourbon, Dry Sherry, Hibiscus And Oolong Syrup, Mint (Bold, Sweet, And Fruity With A Long finish)

FIGHTING 69TH

SCR 320

Hayman London Dry Gin, Chamomile Infused St. Germain, Creole Bitters (A Herbal And Floral Take On The Classic Gin And Tonic)

SPECTRUM PUNCH

SCR 320

Plantation Aged Rum, Homemade Anise Syrup, Homemade Honey Syrup, Strawberry Puree, Lemon Juice (A Tropical Fruity Rum-Based Cocktail With Hints Of Spices)

SCR 320

FAUX COCKTAILS

MANGO LEA

Homemade Ginger Syrup, Mango Juice, Fresh Lemon, Cream, Mint, (Rich And Bold In Flavour, With Bright Mango)

PICO SMASH

SCR 240

Fresh Pineapple Juice, Coconut Water,
Anise, Citrus, Basil (Tall, Light, And
Refreshing And Slightly Herbaceous)

SCR 240

OISHII

Hibiscus And Oolong Syrup, Fresh Lemon,
Soda Water (Homemade Native Hibiscus
Syrup Topped With Soda Water)

SCR 240

JADE COOLER

Chamomile Tea, Parsley Syrup, Fresh
Lemon, Cucumber (Light And Savoury
With Fresh Parsley And Tea)

SCR 240

FINE BEERS

ASAHI LAGER

Japan, 330ml, 5.2%abv

SCR 190

SEYBREW LAGER

Seychelles, 280ml, 4.9%abv

SCR 140

CORONA EXTRA LAGER

Mexico, 355ml, 4.5%abv

SCR 180

HEINEKEN LAGER

Netherlands, 330ml, 5%abv

SCR 180

SPIRITS (40 ML)

APERITIF AND VERMOUTH

PIMM'S NO.1 CUP

England

SCR 140

JAGERMEISTER

Germany

SCR 160

GENTIANE SALERS

France

SCR 140

MYTHE ABSINTHE

France

SCR 180

NOILLY PRAT EXTRA DRY

France

SCR 160

PERNOD PASTIS

France

SCR 120

RICARD PASTIS

France

SCR 140

SUZE

France

SCR 140

PASTIS DES TERRE ROUGES

France

SCR 180

DOLIN DE CHAMBERY VERMOUTH

France
SCR 140
APEROL

Italy
SCR 140
AVERNA AMARO

Italy
SCR 140
CAMPARI

Italy
SCR 140
FERNET BRANCA

Italy
SCR 200
LUXARDO AMARO ABANO

Italy
SCR 120

LIQUEUR

DOM BENEDICTINE

France
SCR 180

CHAMBORD ROYAL

France
SCR 280

CHARTREUSE GREEN

France
SCR 260

CHARTREUSE YELLOW

France

SCR 280

ST-GERMAIN

France

SCR 280

COINTREAU

France

SCR 180

GRAND MARNIER

France

SCR 180

AMARETTO DISARRONO ORIGINALE

Italy

SCR 180

SAMBUCA ISOLABELLA

Italy

SCR 160

BAILEY'S IRISH CREAM

Ireland

SCR 160

KAHLUA

Mexico

SCR 140

PATRON XO CAFÉ

Mexico

160

DRAMBUIE

Scotland

160
TEMPUS FUGIT CREME DE CACOA

USA

160
HUM BOTANICAL SPIRIT

USA

140

SUGARCANE

TAKAMAKA COCO

Seychelles

SCR 140

TAKAMAKA DARK

Seychelles

SCR 120

SAVANNA RHUM VIEUX TRADITIONNEL 7 YO

La Reunion

SCR 180

DIPLOMATICO MANTUANO

Venezuela

SCR 200

DIPLOMATICO RESERVA 12 YO

Venezuela

SCR 220

MOUNT GAY ECLIPSE

Barbados

SCR 180

MOUNT GAY XO

Barbados

HAVANA CLUB 7 YO SCR 280

Cuba

THE KRAKEN BLACK SPICED SCR 180

Caribbean Blend

PYRAT XO RESERVE SCR 200

Caribbean Blend

BIELLE AMBRE PREMIUM SCR 280

Guadeloupe

RON ZACAPA 23 YO SCR 280

Guatemala

APPLETON ESTATE 21 YO SCR 340

Jamaica

PLANTATION JAMAICA 2002 SCR 480

Jamaica

THOQUINO GIFF CACHACA SCR 240

Brasil

SCR 160

AGAVE

PATRON ANEJO

Los Altos de Jalisco

SCR 240

PATRON SILVER

Los Altos de Jalisco

SCR 200

SAUZA TRES GENERACIONES PLATA

Los Altos de Jalisco

SCR 220

ALIPUS SAN JUAN DEL RIO BLANCO MEZCAL

Oaxaca

SCR 280

VODKA

GREY GOOSE

France

SCR 200

KETEL ONE

Netherlands

SCR 160

STOLICHNAYA

Latvia

SCR 140

BELVEDERE

Poland

SCR 200

BELUGA NOBLE

Russia

KAUFFMAN STRONG SCR 280

Russia

KAUFFMAN SOFT SCR 240

Russia

ST. GEORGE GREEN CHILE SCR 240

USA

SCR 180

GIN

BOMBAY SAPPHIRE

England

THE LONDON NO. 1 GIN SCR 160

England

TANQUERAY NO. TEN SCR 280

England

HAYMAN'S SLOE SCR 200

England

HAYMAN'S LONDON DRY SCR 180

England

HAYMAN'S OLD TOM SCR 220

England
SCR 200
CITADELLE ORIGINAL

France
SCR 220
MONKEY 47

Germany
SCR 360
INVERROCHE AMBER

South Africa
SCR 220
INVERROCHE VERDANT

South Africa
SCR 220
HENDRICK'S GIN

Scotland
SCR 260
THE BOTANIST

Scotland
SCR 200
ST. GEORGE TERROIR GIN

USA
SCR 260
BY THE DUTCH OLD

Netherlands
SCR 200

AMERICAN WHISKEY

MICHTER'S US*1 SINGLE BARREL RYE

Kentucky

SCR 420

MICHTER'S US*1 SMALL BATCH BOURBON

Kentucky

SCR 420

WILD TURKEY 101

Kentucky

SCR 160

JACK DANIEL'S

Tennessee

SCR 200

SCOTCH WHISKY

GLENMORANGIE ORIGINAL 10 YO

Highland

SCR 220

GLENMORANGIE LASANTA 12 YO

Highland

SCR 340

GLENMORANGIE NECTAR D'OR 12 YO

Highland

SCR 320

GLENMORANGIE QUINTA RUBAN 12YO

Highland

SCR 250

LAPHROAIG 10 YO

Islay

SCR 260
BRUICHLADDICH PORT CHARLOTTE

Islay

SCR 320
AUCHENTOSCHAN AMERICAN OAK

Lowland

SCR 220
BALVENIE TRIPLE CASK 12 YO

Speyside

SCR 260
GLENFIDDICH SPECIAL RESERVE 12 YO

Speyside

SCR 260
GLENFIDDICH SPECIAL RESERVE 15 YO

Speyside

SCR 290
GLENFIDDICH SPECIAL RESERVE 18 YO

Speyside

SCR 340
GLENFIDDICH SPECIAL RESERVE 21 YO

Speyside

SCR 700

BLENDED WHISKY

CANADIAN CLUB

Canada

JAMESON SCR 180

Ireland

CHIVAS REGAL 12 YO SCR 180

Scotland

CHIVAS REGAL 18 YO SCR 340

Scotland

CHIVAS ROYAL SALUTE 21 YO SCR 620

Scotland

JOHNNIE WALKER BLACK LABEL SCR 390

Scotland

JOHNNIE WALKER BLUE LABEL SCR 160

Scotland

JOHNNIE WALKER GOLD LABEL RESERVE SCR 860

Scotland

MONKEY SHOULDER SCR 260

Scotland

SCR 220

JAPANESE WHISKY

HATOZAKI PURE MALT

Japan

SCR 380

HIBIKI HARMONY

Japan

SCR 280

BRANDY

CALVADOS BUSNEL

France

SCR 160

COURVOISIER VS

France

SCR 390

HENNESSY VSOP

France

SCR 320

HENNESSY XO

France

SCR 900

REMY MARTIN VSOP

France

SCR 240

REMY MARTIN XO

France

SCR 640

NONINO PIRUS WILLIAMS

Italy

SCR 240

TIGNANELLO GRAPPA

Italy

NONINO SLIWOVITZ SCR 190

Italy

TORRES 5 SCR 240

Spain

TORRES 10 SCR 160

Spain

DEMONIO DE LOS ANDES PISCO ACHOLADO SCR 180

Peru

ENCANTO GRAND & NOBLE PISCO SCR 160

Peru

SCR 200

PORT AND SHERRY

COCKBURN TAWNY

Portugal

ELEGANTE CREAM SHERRY SCR 160

Spain

MATUSALEM 30 YO OLOROSO SCR 140

Spain

NOE 30 YO PEDRO XIMENEZ SCR 260

Spain

TIO PEPE SHERRY DRY SCR 440

Spain

SCR 140

SOFT DRINK

COCA COLA

SCR 120

COCA COLA ZERO

SCR 120

FANTA

SCR 120

GINGER ALE

SCR 140

TONIC WATER

SCR 100

RED BULL

SCR 140

WATER

AQUA SPRING 1 LITRE

SCR 80

EVIAN 330 ML

SCR 140

EVIAN 750 ML

SCR 260

PIERRE 330ML

SCR 120

PIERRE 750 ML

SCR 180

SAN PELLEGRINO 750 ML

SCR 180

SAN PELLEGRINO 1 LITRE

SCR 200

HOT BEVERAGE

ESPRESSO

SCR 120

AMERICANO

SCR 120

DOUBLE ESPRESSO

SCR 130

CAPPUCCINO

SCR 130

LATTE

SCR 130

MOCHA

SCR 130

HOT CHOCOLATE

SCR 130

TEA

ENGLISH BREAKFAST

SCR 110

EARL GREY

SCR 110

JADE SWORD GREEN TEA

SCR 110
JASMINE SILVER NEEDLE

SCR 110
CHAMOMILE

SCR 110
LEMONGRASS AND GINGER

SCR 110
BLACKCURRANT AND HIBISCUS

SCR 110
DARJEELING SECOND FLUSH

SCR 110
Prices are in Seychelles rupees and subject to 10% service charge and 15%
V.A.T