



# ST. REGIS IRIDIUM SPA

## BORA BORA

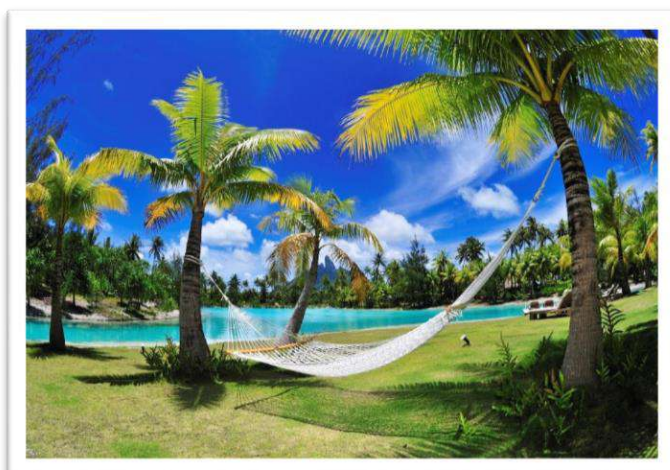
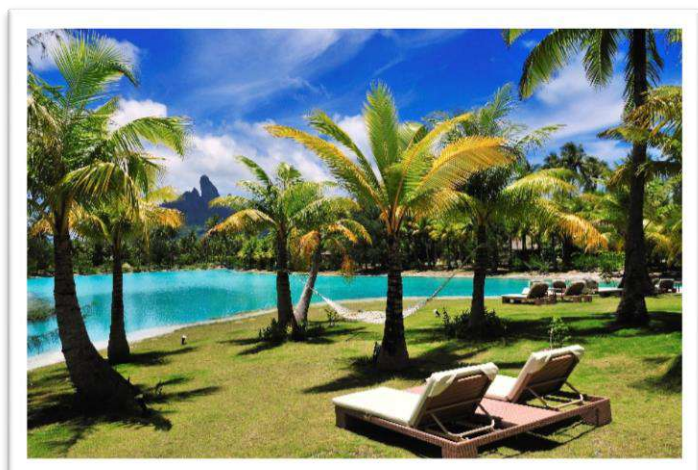
TREATMENT COLLECTION



## CAROLINE'S COLLECTION

*Caroline Astor, better known only as 'Mrs. Astor', was the curator of the upper echelons of New York society during the latter half of the 19<sup>th</sup> century. As matriarch of one of the great dynasties of New York City, she was a symbol of luxury, opulence and taste. Paying homage to Caroline's passion for innovation, refinement and vibrancy, this collection of treatments is unique to each Iridium Spa, crafted from the very best experiences and ingredients to create distinguished and perfectly tailored experiences.*

NAME	DESCRIPTION	TIMING	PRICE
<b>ILLUMINATE &amp; LIFT</b>	This revolutionary treatment captures the best of science and rare ingredients with instant, visible results to preserve the youth of the skin. AHA's remove congestion whilst a plumping facial massage lifts. A tightening bio-cellulose mask firms and Rose Stem Cells and Porcelain Flower Oil repair skin damage and leave a soft, dewy finish.	<b>90min</b>	<b>27 500 XPF (275 USD)</b>
<b>FLAWLESS GARDEN ROSE</b>	Capture a moment of escapism with this sensory experience, inspired by delicately perfumed gardens. A skin softening granita scrub revives tired skin after which a full body massage with a precious Porcelain flower oil to soothe and deeply relax.	<b>60min</b>	<b>20 500 XPF (205 USD)</b>
<b>POLYNESIAN TAURUMI</b>	"Taurumi" means massage in Polynesian. This relaxing medium pressure massage uses traditional Polynesian techniques and dancing forearm movements. The therapist uses her "Mana", which is inner strength in Polynesian, to help your mind and body to relax.	<b>60min</b>  <b>90min</b>	<b>19 000 XPF (190 USD)</b>  <b>27 000 XPF (270 USD)</b>
<b>MIRI MIRI OIL MASSAGE</b>	A unique local body and face massage that harnesses the benefits of Miri oil, a type of basil, grown locally in Tahiti. Miri is known to boost circulation and release muscle tension, whilst the massage movements energize, invigorate and refresh. The digi-esthetique facial massage from Sothys uses acupressure methods and relaxing lymphatic drainage to boost radiance and clarity in the skin.	<b>90min</b>	<b>28 500 XPF (285 USD)</b>



## MASSAGE

*Curate and bespoke your own massage experience with the choice of three sensory escapes from the scent bar and a choice of delicate and nourishing textures.*

NAME	MASSAGE TREATMENT	TIMING	PRICE
<b>PERFORMANCE</b>	Intuitive and intense, a strong massage specially designed for precision and results. Enjoy the benefits of a unique combination of ingredients - arnica and mandarin invigorate whilst camphor and cypress boost the effects of exercise.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
		<b>90min</b>	<b>28 000 XPF (280 USD)</b>
<b>STRESS RELIEF</b>	Sensorial and awakening, a massage journey that harmonizes techniques from around the world. A stress relieving treatment that uses mobilizing movements and firm massage to ease away tension and restore energy levels.	<b>60min</b>	<b>19 000 XPF (190 USD)</b>
		<b>90min</b>	<b>27 000 XPF (270 USD)</b>
<b>RELAXATION</b>	Deep relaxation of mind and body, a fully bespoke massage using light to medium pressure. Choose your sensory escape from the Scent Bar which will then be blended with your choice of hydrating cream or nourishing oil. A true feeling of balance.	<b>60min</b>	<b>19 000 XPF (190 USD)</b>
		<b>90min</b>	<b>27 000 XPF (270 USD)</b>
<b>FOCUS &amp; FLEX</b>	An energizing treatment that focuses on a Japanese reflex-inspired foot massage to soothe and relieve tension, which also encompasses the full body with a soothing and sweeping massage to warm the muscles and invigorate the mind.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
		<b>90min</b>	<b>28 000 XPF (280 USD)</b>
<b>BALINESE PUII MASSAGE</b>	“Puii” means strong in Polynesian. This ancient deep tissue massage renews the body and strengthens the mind. This world-renowned technique uses long strokes, pressure points and stretching to help relieve tension and stress while improving circulation.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
		<b>90min</b>	<b>28 000 XPF (280 USD)</b>
<b>WARM CANDLE MASSAGE</b>	A medium pressure massage using warmed oil. This warmed candle is made of natural butters which are then drizzled over the skin for a wonderful massage to melt away tension and delicately nourish skin.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
		<b>90min</b>	<b>28 000 XPF (280 USD)</b>



## BODY

*Marrying classic body treatments with elegant innovation to present both a luxurious and results driven experience.*

NAME	BODY TREATMENT	TIMING	PRICE
<b>OPULENT RELAXATION</b>	A deeply hydrating and relaxing aromatic body ritual with delicate scents of cherry blossom and lotus. A warmed enzymatic scrub works whilst a reflex-inspired foot massage relieves tension. Exfoliating gloves slough off the peel revealing glowing skin, ready for the nourishing warmed shea butter massage.	<b>60min</b>	<b>20 500 XPF (250 USD)</b>
		<b>90min</b>	<b>27 500 XPF (275 USD)</b>
<b>SENSUAL ELEVATION</b>	A sensorial, awakening ritual to energize and unseat tension and stiffness – this treatment is a truly elevated experience. A warmed enzymatic exfoliating syrup is gently worked into the body with a handmade terracotta stone. A deep massage with heated amber oil unseats tension whilst stretches and mobilization movements re-energize.	<b>60min</b>	<b>20 500 XPF (205 USD)</b>
		<b>90min</b>	<b>27 500 XPF (275 USD)</b>
<b>REFINED SILHOUETTE</b>	Designed to maintain the body's youth using proven formulas and techniques. A citrus full body scrub prepares the skin to receive a technical toning body serum formulated with active ingredients that work on skin firmness in harmony with a stimulating massage to improve the appearance of the body's contour.	<b>60min</b>	<b>20 500 XPF (205 USD)</b>
<b>PLUSH BODY POLISH</b>	Toning or softening, a full body scrub that can be tailored using exquisite fragrances from our Scent Bar– breathe in and let the aromas quiet the mind whilst the expert hands of the therapist use sugar and salt to soften and hydrate the skin.	<b>30min</b>	<b>10 500 XPF (105 USD)</b>
<b>HYDRATING DRENCH</b>	A skin drenching hydrating treatment, ideal post sun. Experience the comforting sensation of hydrating shea butter applied onto the skin and let your body and your mind indulge in pure escapism with the fragrance you have chosen.	<b>60min</b>	<b>19 000 XPF (190 USD)</b>



## FACE

*Bringing St Regis guests high performance, high precision treatments. Using the best of innovation, technology and patented ingredients to provide clinically proven results. All treatments are suitable for all skin types, all year round for men and women alike.*

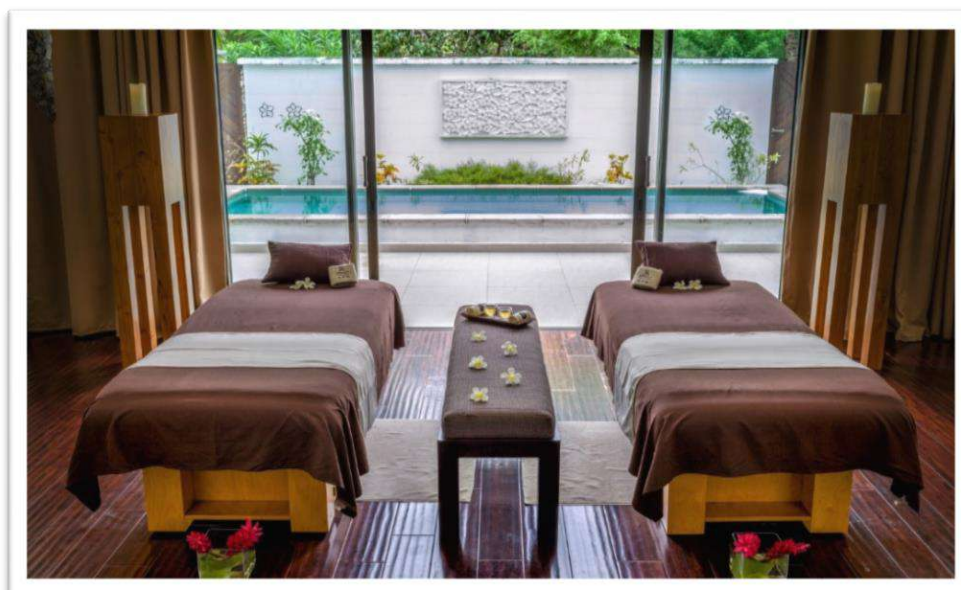
NAME:	FACIAL TREATMENT	TIMING	PRICE
<b>BOOST &amp; BRIGHTEN</b>	Revive youthfulness with a brightening and detoxifying facial. Recharge your skin and treat it with a burst of energy to help it defend itself against the harmful effects of environmental stress. The skin appears reoxygenated as if it can breathe more easily with a renewed resistance to fatigue and pollution.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
<b>PROFOUND HYDRATION</b>	A deeply hydrating facial. A powerful plumping effect with ceramides to repair the skin's moisture barrier and rebuild. This technical facial includes three different types of skin drenching hyaluronic acid for all layers of the skin and Boletus extract to stimulate hyaluronic acid production.	<b>75min</b>	<b>22 500 XPF (225 USD)</b>
<b>INSTANT YOUTH</b>	A treatment for visibly younger skin designed to firm and lift the face contour. Salicylic acid evens out texture, whilst a deep anti-wrinkle massage smooths the skin. A dermo-lifting mask and layered Youth Serums complete this treatment.	<b>75min</b>	<b>22 500 XPF (225 USD)</b>
<b>ILLUMINATE &amp; LIFT</b>	This revolutionary treatment captures the best of science and rare ingredients with instant, visible results to preserve the youth of the skin. AHA's remove congestion whilst a plumping facial massage lifts. A tightening bio-cellulose mask firms and Rose Stem Cells and Porcelain Flower Oil repair skin damage and leave a soft, dewy finish. A post treatment homecare gift is included to continue the benefits.	<b>90min</b>	<b>27 500 XPF (275 USD)</b>
<b>SOOTHING FACIAL</b>	Discover the ultra-gentle benefits of Spa™ Thermal Water and allow your skin to recover with comfort and care. Visibly soothing redness and irritation for both naturally sensitive skin and environmentally sensitized skin, this facial has been designed to provide total skin balance.	<b>45min</b>	<b>15 000 XPF (150 USD)</b>



## MEN'S

*A collection devised to ensure solutions are provided for common concerns. Through customization and a focus on balancing relaxation, luxury and tension release, these treatments are perfectly balanced for our male guests.*

NAME	MASSAGE TREATMENT	TIMING	PRICE
<b>PERFORMANCE</b>	Intuitive and intense, a strong massage specially designed for precision and results. Enjoy the benefits of a unique combination of ingredients - with arnica and mandarin to invigorate, camphor and cypress to boost the effects of exercise.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
		<b>90min</b>	<b>28 000 XPF (280 USD)</b>
<b>STRESS RELIEF</b>	Sensorial and awakening, a massage journey that harmonizes techniques from around the world. A stress relieving treatment that uses mobilizing movements and massage to ease away tension and restore energy levels.	<b>60min</b>	<b>19 000 XPF (190 USD)</b>
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<b>BOOST &amp; BRIGHTEN</b>	Revive youthfulness with a brightening and detoxifying facial. Recharge your skin and treat it with a burst of energy to help it defend itself against the harmful effects of environmental stress. The skin appears reoxygenated as if it can breathe more easily with a renewed resistance to fatigue and pollution.	<b>60min</b>	<b>20 000 XPF (200 USD)</b>
<b>PROFOUND HYDRATION</b>	A deeply hydrating facial. A powerful plumping effect with ceramides to repair the skin's moisture barrier and rebuild. This technical facial includes three different types of skin drenching hyaluronic acid for all layers of the skin and Boletus extract to stimulate hyaluronic acid production.	<b>75min</b>	<b>22 500 XPF (225 USD)</b>



## ENHANCEMENTS

*Tailor your treatment with exquisite additions which boost results and enhance your Iridium Spa experience.*

NAME	ENHANCEMENTS	TIMING	PRICE
<b>SHEA BUTTER</b>	Butter that deliciously melts with heat when applied to skin, for a supple and silky sensation. Introduce to any massage of your choice.	-	<b>2 500 XPF (25 USD)</b>
<b>MELTED WAX</b>	Nourishing and protective, the warming hydrating texture results in super soft skin. Introduce to any massage of your choice.	-	<b>2 500 XPF (25 USD)</b>
<b>HYDRATION AMPOULE</b>	Achieve a huge boost in hydration while experiencing your body treatment. An ampoule rich in beautifully hydrating, active ingredients will be applied to face, neck and décolleté before applying moisture-boosting finishing products.	-	<b>2 500 XPF (25 USD)</b>
<b>HOT STONES</b>	Warmed stones bathed in oil are used to release physical stresses and strains whilst encouraging relaxation. Introduce to any massage of your choice.	-	<b>2 500 XPF (25 USD)</b>
<b>GILDED MASK</b>	Firm and restore your skin with a single treatment. Treat a specific area or repair the entire face, it is your choice with 24K Gold Masks from KNESKO. Treat the eyes/ lips, neck & décolleté, face or full set.	-	<b>- Eye &amp; Lips</b> <b>- Face mask</b> <b>2 500 XPF (25 USD)</b>  <b>- Neck &amp; décolleté</b> <b>5 000 XPF (50 USD)</b>
<b>OUTDOOR MASSAGE</b>	Enjoy an outdoor massage with a beautiful lagoon view (depending on weather). From 9:30 AM to 5:30 PM	-	<b>2 500 XPF (25 USD)</b>
<b>OUTDOOR CANDLELIGHT MASSAGE</b>	Enjoy an outdoor massage with candles under the gazebo (depending on weather). From 5:30 PM to 7:00 PM	-	<b>5 000 XPF</b>
<b>BLACK PEARL SCRUB</b>	An aromatic sugar scrub for hands or feet; with black pearl powder and Monoi oil to deeply hydrate with the delicate perfume of Tiare Tahiti. Can be added to any facial or massage treatment.	-	<b>2 500 XPF (25 USD)</b>
<b>FOOT MASSAGE</b>	Release soreness and tension in the feet with this essential massage which includes a blend of techniques designed to soothe and refresh this area.	<b>15min</b>	<b>4 500 XPF</b>
<b>FACE &amp; SCALP MASSAGE</b>	Increase your treatment time with a targeted face and scalp massage	<b>15min</b>	<b>4 500 XPF</b>



## FACE ENHANCEMENTS

NAME	ENHANCEMENTS	TIMING	PRICE
<b>REFRESHING LEG GEL</b>	A cooling and refreshing gel designed specifically for tired feet and legs.	-	<b>2 500 XPF (25 USD)</b>
<b>TRIPLE EFFECT EYE CONTOUR</b>	Specifically designed for the eye contour area, this high protection eye treatment helps immediately reduce signs of tiredness and ageing. Reduces visible dark circles, puffiness and lines. Can be added to the Profound Hydration Facial	<b>15min</b>	<b>4 500 XPF (45 USD)</b>
<b>GLYSALAC PEEL</b>	Perfect to smooth and illuminate, refining the skin's texture and revealing a clear and uniform skin tone. Add to the Profound Hydration Facial.	<b>15min</b>	<b>4 500 XPF (45 USD)</b>

## ALL TREATMENTS - ENHANCEMENTS

NAME	ENHANCEMENTS	TIMING	PRICE
<b>HAIR TREATMENT</b>	Nourish and soothe your hair with a coconut and banana hair treatment.	<b>15min</b>	<b>4 500 XPF (45 USD)</b>
<b>PRIVATE STEAM ROOM &amp; WHIRLPOOL AREA</b>	Enjoy a private area with steam room and whirlpool in our couple's suites before any of our treatment	<b>30min</b>	<b>9 000 XPF (90 USD)</b>  <b>For 1 or 2 person</b>
<b>PRIVATE SWIMMING POOL &amp; JACUZZI AREA</b>	Enjoy a private area with swimming pool and Jacuzzi in our couple's suites before any of our treatment	<b>30min</b>	<b>9 000 XPF (90 USD)</b>  <b>For 1 or 2 person</b>
<b>BALNEOTHERAPY</b>	Alternately soothing and toning, bubbling water comes out brushing and massaging the body with essential oils. Balneotherapy is an effective and pleasant treatment for cellular oxygenation, vasodilatation, and blood stimulation but also to enhance the benefits when following a detoxifying or slimming program.	<b>20min</b>	<b>9 000 XPF (90 USD)</b>





## FINISHING TOUCHES

NAME	TREATMENT	TIMING	PRICE & WORD COUNT
MANICURE	Beautifully simple essential nail maintenance. A treatment including cuticle work, nail shape, polish and hydrating cream, this will leave nails and hands feeling nourished and looking elegant.	<b>45min</b>	<b>8 000 XPF (80 USD)</b>
OPULENT MANICURE	Enhancing the luxury of the essential manicure, this treatment raises the stakes with the inclusion of an extended massage and scrub.	<b>60min</b>	<b>10 000 XPF (100 USD)</b>
PEDICURE	Perfectly delivered nail and foot maintenance. A treatment including cuticle work, nail shape, polish and hydrating cream, this will leave nails and feet feeling lighter and looking elegant.	<b>45min</b>	<b>8 000 XPF (80 USD)</b>
PLUSH PEDICURE	An advanced treatment, elevating the pedicure with foot massage and scrub to truly revive tired feet.	<b>60min</b>	<b>10 000 XPF (100 USD)</b>
EXECUTIVE NAILS	Specifically designed for men, to counteract common nail concerns and ensure that nail health is maintained, and the appearance is smart.	<b>30min</b>	<b>6 000 XPF (60 USD)</b>
SEMI PERMANENT NAIL POLISH	A treatment including cuticle work, nail shape and semi-permanent nail polish application; a long-lasting option for perfect polish during your entire beach vacation.	<b>45min</b>	<b>8 000 XPF (80 USD)</b>
REMOVAL SEMI PERMANENT NAIL POLISH	The removal of semi-permanent nail polish which should be added before a manicure, pedicure semi-permanent nail polish application, if required.	<b>30min</b>	<b>6 500 XPF (65 USD)</b>



## BEAUTY

NAME	TREATMENT	TIMING	PRICE & WORD COUNT
WEDDING DAY MAKE-UP	Put your trust in our expert artists and feel the glamour, whether it's a total make up transformation or a dewy pick me up.	<b>60min</b>	<b>23 000 XPF (230 USD)</b>

**WAXING SERVICES – AVAILABLE ON REQUEST**



## PACKAGES WITH OUR PRIVATE AREAS:

NAME	TREATMENT	TIMING	PRICE & WORD COUNT
NEW SKIN PACKAGE	<p>Enjoy a private moment of tranquillity in the outdoor area of our Couples Suite before indulging in a Full Body Scrub.</p> <p>Choose one of our soothing massages to complete your rejuvenating experience.</p> <p>Private area – 30 minutes Full body scrub – 30 minutes Stress Relief or Relaxing massage – 60 minutes</p> <p>Total Experience Time: 120 minutes</p>	<b>120min</b>	<b>57 500 XPF /couple (575 USD / couple)</b>
RELAXATION PACKAGE	<p>Combine the ease of a Stress Relief or Relaxing massage with a blissful 75-minute facial to bring about head to toe rejuvenation.</p> <p>Stress Relief or Relaxing massage – 60 minutes Instant Youth or Deep Hydration Facial – 75 minutes</p>	<b>135min</b>	<b>35 000 XPF /person (350 USD /person)</b>
INTENSE RELAXATION PACKAGE	<p>Add an extra level of calm with a half hour in the privacy in the outdoor area of your chosen Couples Suite.</p> <p>Private area of your choice – 30 minutes Stress Relief or Relaxing massage – 60 minutes Instant Youth or Deep Hydration – 75 minutes</p>	<b>165min</b>	<b>78 000 XPF /couple (780 USD / couple)</b>
FOR LOVERS PACKAGE	<p>The perfect match – combine the heated benefits of balneotherapy to improve circulation and combine with the warming and soothing benefits of the romantic Warm Candle Massage.</p> <p>Balneotherapy – 20 minutes Warm Candle massage – 90 minutes</p>	<b>110min</b>	<b>63 000 XPF /couple (630 USD / couple)</b>
SIGNATURE IRIDIUM SPA BORA BORA	<p>Experience the exquisite with a curated selection of our most luxurious treatments.</p> <p>Private area of your choice – 30 minutes</p> <p>Inspired by the gilded age of New York High Society, this face and body experience elegantly and stylishly combine the rarest ingredients for a sensorial escape for mind and body. After a full body reviving granita scrub smooths skin, drift away with an aromatic relaxing full body massage. Continue the luxury with a triple active facial for youth, plumping and radiance.</p>	<b>180min</b>	<b>91 500 XPF /couple (915 USD / couple)</b>



## FAMILY TRADITIONS

In a private enclave, celebrate with your family in the best possible way. A true moment to connect and engage with your own personal upper echelons of society, the best people to invite to a party. Designed to ensure that you and your family relax into the Iridium experience, together.

NAME	TREATMENT	TIMING	PRICE & WORD COUNT
BOUTIQUE FACIAL	Designed with the younger skin in mind. Experience this soothing facial and enjoy the hydrating benefits of Spa <sup>TM</sup> Thermal Water.	<b>30min</b>	<b>9 000 XPF (90 USD)</b>
CALMING BACK MASSAGE	Relax muscles and tired minds with this back massage. Perfect to revive the spirit, ready for a fun filled day ahead.	<b>30min</b>	<b>9 000 XPF (90 USD)</b>
BIJOU MANI	An essential for any young spa fan. Enjoy a pamper and a polish that will leave your hands exquisitely preened.	<b>30min</b>	<b>4 500 XPF (45 USD)</b>
PETITE PEDI	Skip out of the spa after experiencing this treatment. Feet are primed and polished leaving you feeling as if you were walking on air.	<b>30min</b>	<b>4 500 XPF (45 USD)</b>



## IRIDUM SPA “GUIDELINES”

Can I receive assistance to select my treatment?

Our Spa receptionists will personally advise you to create the ideal program for your needs.

Any particular health conditions?

Please let our Spa Receptionists know if you suffer from any medical issues as these may be affected by certain treatments. A medical certificate may be requested in some cases and a quick check up with the local doctor can also be arranged.

I am pregnant, what are my options?

Under 3 months, spa treatments are not allowed. However, adapted treatment protocols exist for pregnant women from the second trimester onwards.

Can I ask for a female or a male?

Of course, however, we cannot guarantee the availability of a particular therapist or a particular sex.

What is the dress code in the treatment rooms?

Our therapists are trained to respect your privacy during treatments. Robes and sandals are provided upon arrival. Disposal underwear is provided in the cabins.

What is the minimum age to access the Spa?

A minimum of 18 years of age is required to access facilities and benefit from treatments and massages in the Spa Menu. For more information, please contact the spa at extension #7840.

What is the cancellation policy?

Bookings must be cancelled at least 12 hours prior to the reservation to avoid a cancellation fee. Last minute cancellations and no-shows will be fully charged.

Jewelry and valuables.

We recommend leaving your jewelry and other valuables in the safe in your villa. Please note that the Spa will not be held responsible for any lost or forgotten valuables.

In case of a late arrival.

Arriving late will reduce the duration of the treatment. Depending on how late you are, the treatment may be entirely cancelled and will be considered as a no-show.

How early should I arrive prior to my treatment?

We recommend arriving 30 minutes prior to your treatment time in order to complete the registration process. However, arriving one hour before will allow you to enjoy the facilities more.

Should I take any special precautions?

We recommend you to have a light meal and avoid alcoholic beverages before your treatment or using the Spa facilities. The Spa reserves the right to refuse treatment to anyone under the influence of alcohol or drugs.

It is also recommended to avoid waxing before a body scrub.

Don't forget to use good sunscreen to protect your skin.